SDOS Birding Walks Risk Assessment Form: North Henfield (Mock Bridge) - primarily a Nightingale focused walk, but also suitable for dawn chorus walk.

Assessor: Tony Benton, with support from Tim and Jenny Holter. : Date of Assessment. 11/5/2022

Location: . A walk of about 2 miles through meadows and woodland, close to Mock Bridge, London Road, Henfield, West Sussex. Heading north from Henfield on A281 you pass, on your left, Garden Sage (a garden centre) and very shortly after this you turn left when you see a parking sign. The car park is parallel to the A281 but behind a hedge. Please note that there is height restriction barrier of 6 foot 6 inches.. Post code approximately BN59AL.

Brief Description: This walk is not wheelchair accessible. Participants (especially the leader) should monitor the weather forecast, wear suitable clothing and footwear, and recognise that a busy road has to be crossed with great care. In summary this walk is across lovely meadows and through some woodland, on uneven paths. There are no slopes to be negotiated.

Suggested clothing: Warm, waterproof clothing depending on weather conditions; strong footwear or wellington boots - participants should take account of prevailing weather conditions and the possibility of the walk ending in near darkness. SDOS information re the walk will advise that participants carry a torch if it's an evening walk.

| Hazard   | Who might be harmed                        | Evaluation of Risk | Risk mitigation measures   | Comments  |
|--|--|--------------------|--|---|
| Bad weather  | All participants                           | Low / Medium       | Cancel or curtail walk   | Monitor weather forecast                                  |
| Lightning storms   | All participants                           | Low/ Medium        | Cancel or curtail walk   | Monitor weather forecast                                  |
| Snow and ice   | All participants                           | Low                | Cancel or curtail walk   | Very unlikely in May but monitor weather forecast         |
| Darkness, cloud, fog   | All participants                           | Low                | Cancel or curtail walk. Advise that torch to be carried if it's a late evening walk                  | Only a risk if the conditions were very extreme           |
| Hot weather  | All participants                           | Low                | Participants to wear suitable clothing and bring a drink   | Very unlikely to be a risk with walks held in the evening |
| Uneven walking surfaces -<br>the paths can be rutted, or<br>very wet, depending on pre-<br>vailing weather | Might affect less mobile par-<br>ticipants | Low                | Participants might wish to bring a walking stick or walking pole. Participants need to exercise care | Participants have to make judgements and take care        |

| Muddy conditions           | All participants | Low          | Participants need suitable footwear and to take care if    | Monitor weather forecast and make use of local intelli-     |
|----------------------------|------------------|--------------|--|---|
|                            |                  |              | mud could result in slips and                              | gence in terms of conditions                                |
|                            |                  |              | falls  | genee in terms or containent                                |
| Road crossing              | All participants | Medium       | Try to cross the road by the                               | Participants are expected to                                |
|                            |                  |              | pub to the footpath gate opposite                          | take great care when cross-<br>ing the road                 |
| Farm animals               | All participants | Low          | If farm animals are encoun-                                | Participants must take care                                 |
|                            |                  |              | tered, animals should be given a wide berth                | to not corner or spook farm animals                         |
| Biting insects             | All participants | Low          | Participants to wear suitable clothing and bring if neces- | Participants to judge this in advance                       |
|                            |                  |              | sary midge spray or similar                                |   |
| Obstructive vegetation and | All participants | Low          | Participants to exercise care                              | The route is usually unob-                                  |
| stingy or thorny plants    |                  |              | along more enclosed foot-<br>path stretch                  | structed in May   |
| Gates and bridges          | All participants | Low / Medium | Participants to take care and                              | The 'wonky' bridge is safe to                               |
|                            |                  |              | ask for assistance if neces-                               | use and has handrails, but                                  |
|                            |                  |              | sary (such as a steadying hand). One short wooden          | the surface could be slippery after rain. Care to be taken. |
|                            |                  |              | bridge is uneven   | diter fam. care to be taken.                                |
| Snakes                     | All participants | Low          | Suitable footwear mitigates                                | Snakes not previously en-                                   |
|                            |                  |              | any risk   | countered on this route                                     |
|                            |                  |              |  |   |
|                            |                  |              |  |   |