

SDOS Birding Walks Risk Assessment Form: Old Lodge

Assessor: Sue Miles Date of Assessment: 6/3/2022

Location: Old Lodge, Ashdown Forest

Brief Description: A two mile walk along grass paths and tracks with one steep descent and ascent to cross a deep valley

Suggested clothing: Warm, waterproof clothing depending on weather conditions; strong footwear

Hazard	Who might be harmed	Evaluation of Risk	Risk mitigation measures	Comments
Bad weather	All participants	Low / Medium	Cancel or curtail walk	Monitor weather forecast
Lightning storms	All participants	Low	Cancel or curtail walk	Monitor weather forecast
Snow and ice	All participants	Low / Medium	Cancel or curtail walk	Monitor weather forecast
Darkness, cloud, fog	All participants	Low / Medium	Cancel or curtail walk	Monitor weather forecast
Hot weather	All participants	Low		
Uneven walking surfaces	All participants	Low / Medium	Advise participants	
Muddy conditions	All participants	Low	Avoid boggy areas	
Standing water and flooding	All participants	Low	Avoid boggy areas	
Slippery surfaces	All participants	Low / Medium	Advise participants	
Steep slopes	All participants	Low / Medium	Advise participants	
Trip hazards	All participants	Low / Medium	Advise participants	
Stiles and gates		N/A		
Barbed wire, electric fences		N/A		
Obstructive vegetation		N/A		
Stinging or thorny plants	All participants	Low		
Falling trees or branches	All participants	Low		
Biting insects	All participants	Low		Seasonal
Snakes	All participants	Low		
Farm or other animals	All participants	Low	Avoid grazing animals	
Railway crossing		N/A		
Road and farm traffic		N/A		

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