



BIRDS OF THE RSPB ADUR ESTUARY NATURE RESERVE



Many birds can be found on the RSPB Nature Reserve in Shoreham by Sea. Here are some of the more common birds that can be seen. To find out more about birdwatching locally please visit the Shoreham District Ornithological Society or the RSPB Brighton and District Local Group websites detailed below.



Herring Gull
Always present at the reserve; eats fish and almost everything else, often seen in large flocks.



Great Black-backed Gull
Regularly seen on the river; a brutal scavenger, identified by its huge size and black back.



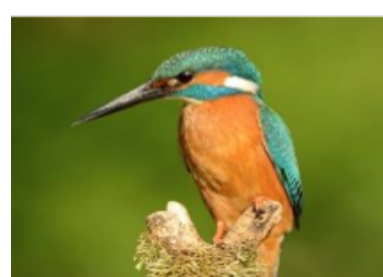
Black-headed Gull
Less commonly sighted in the summer; has red legs and bill, black head is absent in winter.



Oystercatcher
More noticeable during winter; it uses the long beak to prize open shellfish but also eats worms and shrimps.



Little Egret
Always present, with numbers increasing during winter; eats smaller fish and is often seen at the shallow water edges.



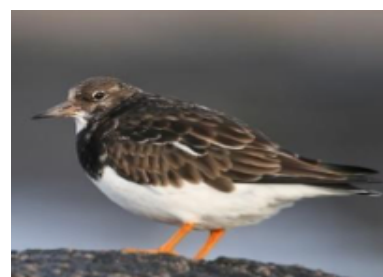
Kingfisher
Only found during winter; this small bird is sometimes seen perched on boats and will fly low and fast over the water.



Redshank
Usually found at the reserve between July and April; it uses the long beak to probe the mud to find worms to eat.



Ringed Plover
This seasonal visitor is found between August and April; it often feeds in small groups on the mudflats and shell-banks.



Turnstone
Present between August and April; it may roost on boats at high tide and turns over stones to find insects and crustacea.

For more information visit www.sdos.org or www.rspb.org.uk/groups/brighton. You can also find us on Facebook by searching Shoreham Birding.

This is a joint project between Shoreham District Ornithological Society and the RSPB Brighton and District Local Group. Photographs kindly provided by Tim Holter (Herring Gull) and the Royal Society for the Protection of Birds ©